



## EU-PROMENS: Strengthening Europe's Mental Health Community

Building a Skilled, Multidisciplinary Network for Holistic and Resilient Mental Health Systems

**Wednesday 9 December 2026 · Comet Meetings – Louise**

Pl. Stéphanie 20, 1050 Bruxelles, Belgium

**10:00 – 11:00**      **Registration**

**11:00 – 11:30**  
PLENARY

### **Welcome Opening**

**Ms Sandra Gallina**

*Director-General, DG SANTE*

**Kadri Soova**

*Director, Mental Health Europe*

**Laura Shields-Zeeman**

*Head of the Department of Mental Health and Prevention, Trimbos Institute*

**Eva Schildbach**

*Department Director Health, GFA Consulting Group*

**Laura Shields**

*Event Moderator, Red Thread EU*

**11:30 – 12:30**  
PLENARY

### **Reflection and Results of EU-PROMENS**

*Reflection and Results of EU-PROMENS: Exchange and Training Programme needs, gap analysis, lessons learnt and next steps:*

#### **Results from the Exchange Programme**

Achievements and challenges, lessons learned and future actions.

#### **Results from the Training Programme**

Achievements and challenges, lessons learned and future actions.

#### **CHAIR**

**Janine de Zeeuw**

*Deputy Project Manager, EU-PROMENS*

#### **INVITED TO SPEAK**

**Cornelia Ciofu**

*Training Programme Coordinator, EU-PROMENS*

**Ildiko Meny**

*Exchange Programme Coordinator, EU-PROMENS*

**Piotr Toczyski**

*Psychologist and Sociologist, Maria Grzegorzewska University (APS) & Institute of Psychiatry and Neurology (IPiN), Poland*

**12:30 – 13:00**

PANEL

## **Panel Discussion: Reflection on National Change Process and Country Needs**

*Country-level reflections on how EU-PROMENS has supported national change processes, capacity development and the identification of mental health workforce needs. Connections between Programme results and national realities, including training needs, professional development and institutional dialogue.*

### **CHAIR**

**Heiko Königstein**

*Deputy Project Manager, EU-PROMENS*

### **INVITED TO SPEAK**

**Ana Boaventura**

*Clinical and Health Psychologist, Instituto S. João de Deus · Local partner – Portugal*

**Ana Radulescu**

*President, National Authority for the Rights of Persons with Disabilities · Local partner – Romania*

**Karilė Levickaitė**

*Director, NGO Mental Health Perspectives · Local partner – Lithuania*

**Lars Münter**

*International Director, Nordic Wellbeing Academy · Local partner – Denmark*

**13:00 – 14:00**

## **Buffet Lunch & Networking**

**14:00 – 14:30**

PLENARY

## **Presentation of the Toolkit**

*Presentation of the European blueprint (toolkit).*

### **CHAIR**

**Tomislav Zuljevic-Salamon**

*Project Manager, EU-PROMENS*

### **INVITED TO SPEAK**

**Katerina Jelisseejeva**

*Mental Health Specialist, EU-PROMENS*

**Dora Redruello**

*Education Specialist, EU-PROMENS*

**Irena Stanković**

*Mental Health Specialist, EU-PROMENS*



**14:30 – 15:15**

PANEL

### **Panel Discussion: National Implementation and Use of the Toolkit**

*Practical use of the EU-PROMENS Toolkit at country level, including adaptation to national, regional and institutional contexts. Reflections on implementation, added value, inclusiveness and follow-up, with active participation from onsite and online attendees.*

#### **INVITED TO SPEAK**

##### **Benita Barman**

*Project Coordinator, Valo-Valmennusyhdistys ry · Local partner – Finland*

##### **Fabiola Gattringer**

*Deputy Head of Department, Team Leader, pro mente OÖ · Local partner – Austria*

##### **Koen Westen**

*Lecturer, Avans University of Applied Sciences / Senior Researcher, Reinier van Arkel · Local partner – Netherlands*

##### **Martina Rojnic-Kuzman**

*Professor, Psychiatrist and Psychotherapist, University of Zagreb · Local partner – Croatia*

##### **Sara Siddi**

*Neuropsychologist, Parc Sanitari Sant Joan de Déu, Barcelona · Local partner – Spain*

##### **Zbyněk Roboch**

*Lecturer, National Institute for Mental Health (NUDZ) · Local partner – Czechia*

**15:15 – 15:45**

PLENARY

### **Mental Health Professionals in Europe:**

#### **An Outlook On Future Development And Visions**

*A forward-looking reflection on mental health community development in Europe. Discussion on how EU-PROMENS learning can continue to support exchange, skills development and inclusive, person-centred mental health services.*

#### **INVITED TO SPEAK**

Representatives of EU and International Institutions

**15:45 – 16:00**

CLOSING

### **Final Greetings and Closure of the Conference**

##### **Mr Marc Tachelet**

*Director, HaDEA*

##### **Tomislav Zuljevic-Salamon**

*Project Manager, EU-PROMENS*

*Programme may be subject to changes*