

A man in a light grey t-shirt and dark trousers is walking away from the camera on a narrow, light-colored path. To his left is a high, textured wall. To his right is a steep, rocky hillside with some sparse vegetation and a blue door visible in the distance. The scene is bathed in warm, golden light, suggesting late afternoon or early morning.

Brücken
INS LEBEN
bauen

WAF Vienna – Forensic Supported Living

Person-centred aftercare for people released from forensic psychiatric commitment under Austrian criminal law

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Agenda



presentation



tour through facility



short break with coffee and snacks 😊



conversations with staff and service users



plenary discussion

What is Forensic Psychiatry?

Interface between

- criminal justice system
- mental health care
- social support services

Focus on

- treatment
- risk management / reduction
- social reintegration

Forensic Psychiatric Commitment in Austria

Maßnahmenvollzug in Austria (§21 Criminal Code)

- for offenders with severe mental health issues
- involuntary psychiatric commitment by court-order
- instead of or in addition to prison
- no fixed sentence
- release depends on clinical stability and risk assessment

Aim = protect society + provide treatment

Why Aftercare is Essential

Many service users have experienced

- psychosis or severe personality disorders
- addiction and issues related to substance use
- long institutional stays

Challenges after discharge

- strict court conditions (medication, abstinence, appointments)
- limited daily living skills
- (re-)building social support system

and many more...

→ Without professional support: high risk of relapse and reoffending

About pro mente Plus

Non-profit organisation specialised in forensic mental health care

- active in 4 regions in Austria
- funded by Ministry of Justice
- multiprofessional teams

Our services

- supported living facilities
- forensic outpatient clinics
- outreach service
- occupational therapy & employment programmes

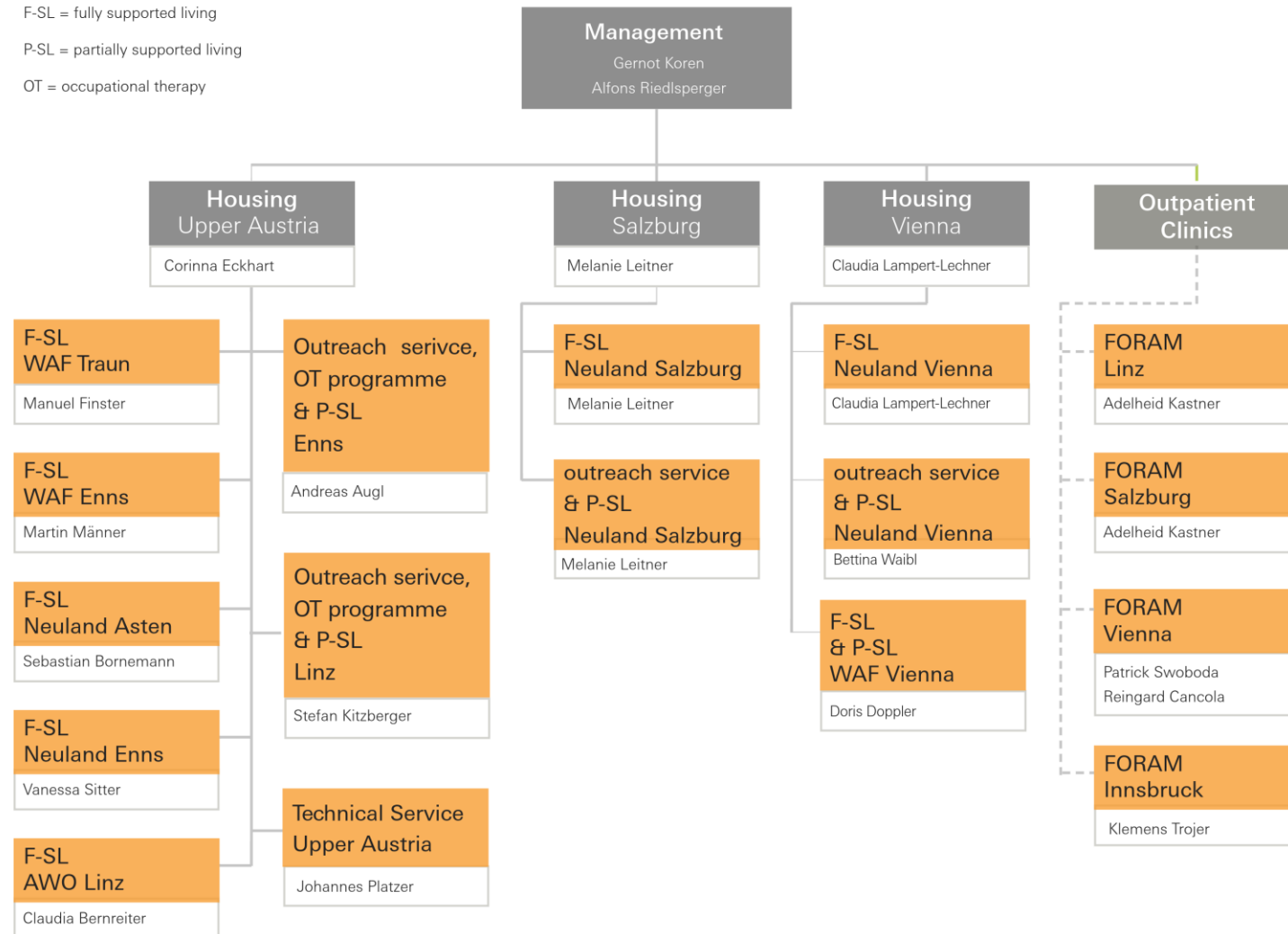
Goal = stable recovery and community reintegration

About pro mente Plus

F-SL = fully supported living

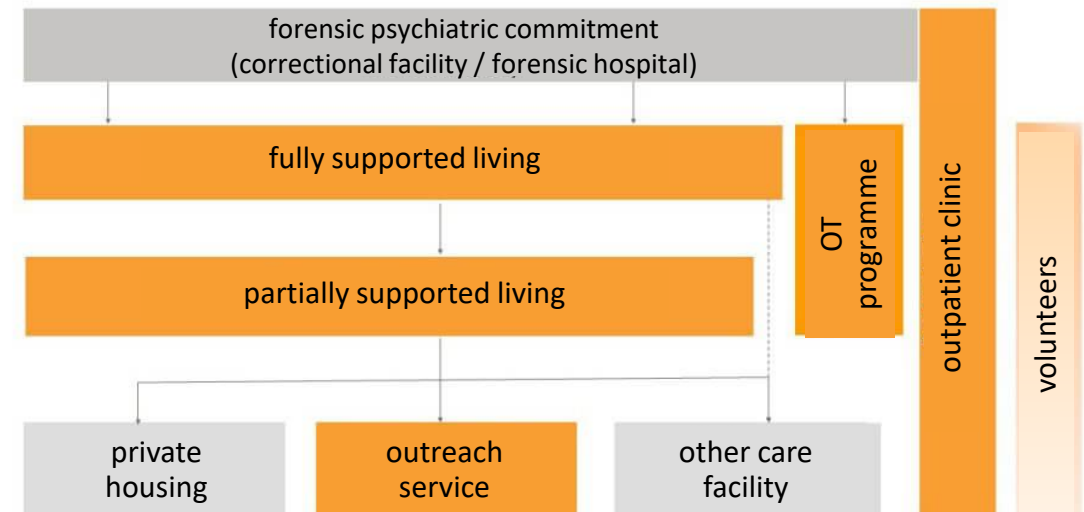
P-SL = partially supported living

OT = occupational therapy



Our Housing Continuum

- step-by-step reintegration model
 - increasing independence
 - high-intensity care when needed
 - F-SL (24/7 staff)
 - P-SL in shared flats
 - outreach service in private apartments
- flexible levels of support depending on individual needs



WAF Vienna: Fully & Partially Supported Living

- five-storey residential house
- single rooms in small shared flats
- community kitchen and shared spaces
- up to 38 service users, all genders, adults only
- common diagnoses
 - schizophrenic disorders
 - disorders due to psychoactive substance use
 - personality disorders
- 24/7 staff presence
- diverse OT programme
- structured daytime activities
- multiprofessional team
 - 22 employees: psychology, social work, nursing, social pedagogy
 - Interns: psychology & social work students
 - Contractors

What We Do in Daily Practice

Case management

- support with court conditions and appointments
- monitor and report to court / forensic psychiatry
- individual counselling
- psychoeducation
- crisis intervention

Multidisciplinary collaboration

- intervision
- peer Coaching

Health monitoring

- medication support, drug and alcohol tests, coordinating medical examinations and laboratory tests

OT-group sessions

- sports, arts & crafts, gardening, games, baking, ...

Training daily living skills

- cooking, hygiene, housekeeping, money management, social skills, ...

Leisure and community activities

- excursions, going for coffee, ...

Mission Statement

Person-centred, autonomy-supportive care

- build relationships
- give structure
- promote empowerment

→ stable recovery, social inclusion & prevention of reoffending / relapse

Thank you for your attention

pro mente **plus**

GEMEINSAM
zurück finden

