

MULTIDISCIPLINARY MENTAL HEALTH TRAINING PROGRAMME

Strengthening mental health support through interdisciplinary cooperation

Core Training

1st Day	
9.00–9.30 am	Welcome and registration
09:30–10:30	Module 1: Introduction and general context
10.30–11.00	<i>Coffee break</i>
11.00–12.30	Module 2: A multidisciplinary approach and framework for cross-sectoral mental health skills
12.30 pm – 1.30 pm	Lunch
1.30 pm–2.30 pm	Module 3: Knowledge of mental health
2.30 pm – 3.30 pm	Module 4: Mental health issues and risk assessment: we all have a role to play
4.00 pm–4.30 pm	<i>Coffee break</i>
4.30 pm – 5.00 pm	Reflections and summary of the first day

2 nd Day	
9.30 am–10.00 am	Reflections on the first day
10.00–11.00	Module 5: Navigating the wider support and care systems, guiding and helping a person to navigate the services.
11.00–11.30	<i>Coffee break</i>
11.30 am–1.00 pm	Module 6: Offering services and adopting practices based on evidence and recommendations (WHO, HAS, ARS)
13:00–14:00	Lunch
2.00 pm–3.30 pm	Module 7: Collaborating and communicating with professionals and services outside one's own sector and organisation
3.30–4.00 pm	<i>Coffee break</i>
4.00–4.30 pm	Module 8: Final reflection
4.30–5.00 pm	Closing remarks and presentation of certificates
5.30 pm	End of the basic training course