



# CONGRATS



on Completing the **EU-PROMENS** Mental Health Exchange Programme



# Agenda

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- ✓ 9.45-10.45 Arrival , greetings, EU Promens info and community building
- ✓ 11.00 - 12:00 Introduction to Reinier van Arkel
- ✓ *12.00-13.00 Lunch break*
- ✓ 13:00 – 14:00 Tour through S Hertogenbosh with discussion
- ✓ 14:00 – 15:30 Reflection on the Questions that you worked on during the tour...
- ✓ 15:30 – 16:30 Certification ceremony
- ✓ **BUS LEAVES 16:30 or a bit earlier...**

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# Reflection Session



# Lunch Break

12:30 – 13:30

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# Lessons Learned

Help us improve

# EU-PROMENS main activities

## **Multidisciplinary Training Programme:**

Core & Advanced  
trainings in national  
languages for each  
partner country


## **Exchange Programme:**

Professional  
exchanges in 6 EU-  
PROMENS HUBs to  
share best practices  
and foster  
collaborative care  
approaches.

## **Toolkit:**

European blueprint for  
multidisciplinary  
mental health  
capacity-building with  
practical, evidence-  
based  
recommendations.

# Components of the training programme



**A one-day advanced training**, focused on systemic perspectives, recovery-oriented practices, team-based approaches, and staff wellbeing.

**A two-day core training**, covering foundational topics such as mental health literacy, communication competencies, referral pathways, and intersectoral collaboration.



## TENTATIVE TRAINING CALENDAR

<u><b>Austria</b></u> Completed	<u><b>Belgium</b></u> CG1: 11-12.12.2025 CG2: 29-30.01.2026 AG1: 12.01.2026 AG2: 23.01.2026	<b>Bulgaria</b>  05.2026	<u><b>Croatia</b></u> Completed	<b>Cyprus</b>  03-05.2026	<u><b>Czechia</b></u> Completed	<b>Denmark</b>  05.2026
<u><b>Finland</b></u> Completed	<b>Estonia</b>  03.2026	<b>France</b>  01-04.2026	<b>Germany</b>  06.2026	<b>Greece</b>  03-04.2026	<b>Hungary</b>  05.2026	<b>Iceland</b>  05.2026
<b>Ireland</b>  02.2026	<b>Italy</b>  02-05.2026	<b>Latvia</b>  02.2026	<u><b>Lithuania</b></u>  G1: 01.2026 G2: 02.2026	<b>Luxembourg</b>  12.2025	<b>Malta</b>  06.2026	<u><b>Netherlands</b></u>  Completed
<b>Norway</b>  06.2026	<u><b>Poland</b></u> G1: 7-9.02.26 G2: 28.02-2.03.26 G3: 28-30.03.26	<u><b>Portugal</b></u> G2+G3: 21- 23.01.2026	<b>Romania</b> G1+G2+G3+G4+G5: 03.2026 G6: 15-17.04.2026 G7: 22-24.05.2026	<u><b>Spain</b></u> Completed	<u><b>Slovakia</b></u> G1: 25-27.11.2025 G2: 02-04.12.2025 G3: 09-11.12.2025	<u><b>Slovenia</b></u> G1: 12-14.11.2025 G2: 19-21.11.2025 G3: 26-28.11.2025
<b>Sweden</b>  05.2026	<b>Ukraine</b> G1: 02.2026 G2: 02.2026 G3: 03.2026					





Have a good trip back home!