

CONGRATS

on Completing the **EU-PROMENS** Mental Health Exchange Programme

Agenda

- ✓ 9.45-10.45 Arrival , greetings, EU Promens info and community building
- ✓ 11.00 - 12:00 Introduction to Reinier van Arkel
- ✓ **12.00-13.00 *Lunch break***
- ✓ 13:00 – 14:00 Tour through S Hertogenbosch with discussion
- ✓ 14:00 – 15:30 Reflection on the Questions that you worked on during the tour...
- ✓ 15:30 – 16:30 Certification ceremony
- ✓ **BUS LEAVES 16:30 or a bit earlier...**

Reflection Session

Lunch Break

12:30 – 13:30

Lessons Learned

Help us improve

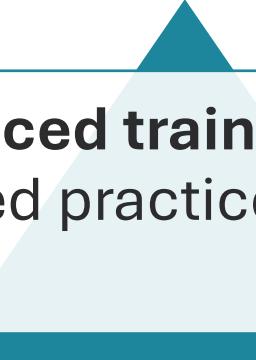
EU-PROMENS main activities

Multidisciplinary Training Programme:
Core & Advanced trainings in national languages for each partner country

Exchange Programme:
Professional exchanges in 6 EU-PROMENS HUBs to share best practices and foster collaborative care approaches.

Toolkit:
European blueprint for multidisciplinary mental health capacity-building with practical, evidence-based recommendations.

Components of the training programme



A one-day advanced training, focused on systemic perspectives, recovery-oriented practices, team-based approaches, and staff wellbeing.



A two-day core training, covering foundational topics such as mental health literacy, communication competencies, referral pathways, and intersectoral collaboration.

TENTATIVE TRAINING CALENDAR

Austria Completed	Belgium CG1:11-12.12.2025 CG2: 29-30.01.2026 AG1: 12.01.2026 AG2: 23.01.2026	Bulgaria 05.2026	Croatia Completed	Cyprus 03-05.2026	Czechia Completed	Denmark 05.2026
Finland Completed	Estonia 03.2026	France 01-04.2026	Germany 06.2026	Greece 03-04.2026	Hungary 05.2026	Iceland 05.2026
Ireland 02.2026	Italy 02-05.2026	Latvia 02.2026	Lithuania G1: 01.2026 G2: 02.2026	Luxembourg 12.2025	Malta 06.2026	Netherlands Completed
Norway 06.2026	Poland G1: 7-9.02.26 G2: 28.02-2.03.26 G3: 28-30.03.26	Portugal G2+G3: 21- 23.01.2026	Romania G1+G2+G3+G4+G5: 03.2026 G6: 15-17.04.2026 G7: 22-24.05.2026	Spain Completed	Slovakia G1: 25-27.11.2025 G2: 02-04.12.2025 G3: 09-11.12.2025	Slovenia G1: 12-14.11.2025 G2: 19-21.11.2025 G3: 26-28.11.2025
Sweden 05.2026	Ukraine G1: 02.2026 G2: 02.2026 G3: 03:2026					



Have a good trip back home!