



European PROgramme for Mental health Exchanges, Networking and Skills

Training Programme in Slovenia

13 November 2025



Funded by
the European Union

EU-PROMENS is funded by the European Commission
through the EU4Health initiative



EU4Health programme 2021-2027 –
a vision for a healthier European
Union - European Commission



Background information

- **European Commission Comprehensive approach to mental health:** holistic approach to mental health, based on three guiding principles
 - ✓ Adequate and effective **prevention**
 - ✓ Access to high quality and affordable mental **healthcare and treatment**
 - ✓ **Reintegration** into society during recovery



The comprehensive approach:

- ✓ Address **key policy sectors** beyond the public health sector
- ✓ Aims to put **tools** in place to drive change
- ✓ **Supports Member States** in their efforts to achieve the WHO targets for NCDs by 2025 and SDG by 2030

EU-PROMENS implements one of the 20 Commission flagships under this Comprehensive approach.

EU-PROMENS Consortium



GFA Consulting Group GmbH Germany (group leader), **Trimbos Institute** from Netherlands and **Mental Health Europe** from Belgium have joined forces to collaboratively implement the EU-PROMENS project



www.gfa-group.de



www.trimbos.nl



www.mentalhealtheurope.org



EU-PROMENS Goal

The European Programme for Mental Health Exchanges, Networking and Skills (EU-PROMENS) aims to strengthen the capacity of mental health professionals across the EU, Norway, Iceland, and Ukraine. It brings together experts from different fields to foster cross-sector collaboration and is implemented from January 2024 to December 2026.



EU-PROMENS main objectives



Build competencies of mental health professionals across Europe.

Promote prevention and lifelong mental well-being.

Encourage collaboration across sectors.

Equip professionals to better support vulnerable groups.



EU-PROMENS main activities

Multidisciplinary Training Programme:

Core & Advanced
trainings in national
languages for each
partner country

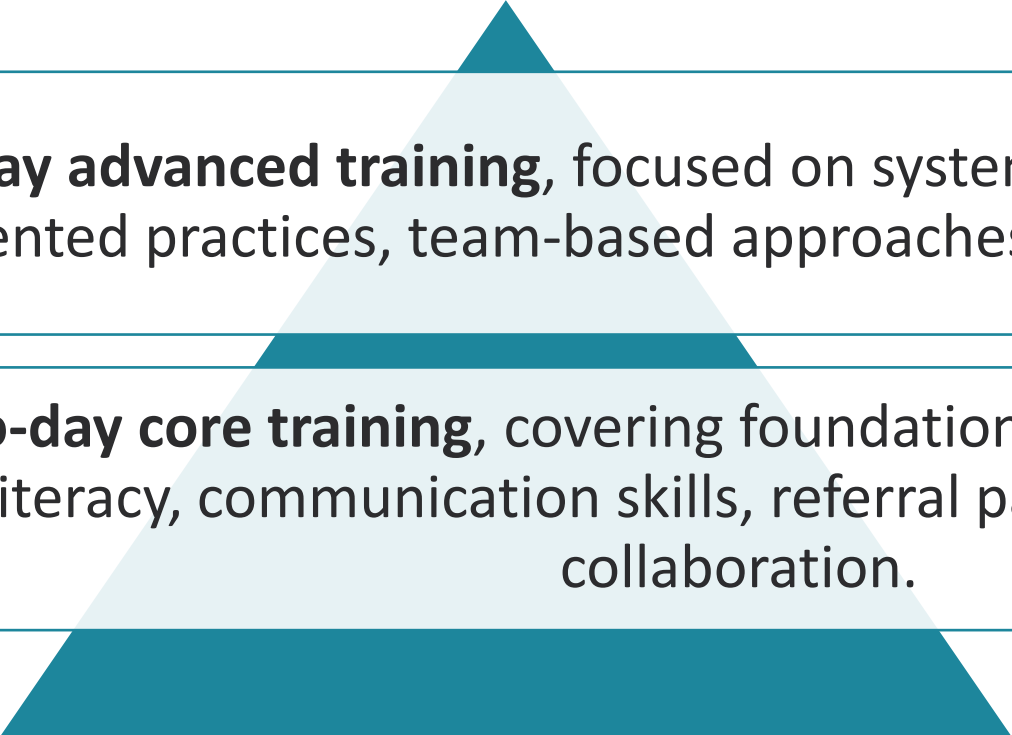
Exchange Programme:

Professional exchanges
in 6 EU-PROMENS HUBs
to share best practices
and foster collaborative
care approaches.

Toolkit:

European blueprint for
multidisciplinary mental
health capacity-building
with practical,
evidence-based
recommendations.

Components of the training programme



A one-day advanced training, focused on systemic perspectives, recovery-oriented practices, team-based approaches, and staff wellbeing.

A two-day core training, covering foundational topics such as mental health literacy, communication skills, referral pathways, and intersectoral collaboration.

What makes this training special



Practical competence development – strengthening skills such as active listening, de-escalation, risk assessment, referral, and system navigation.



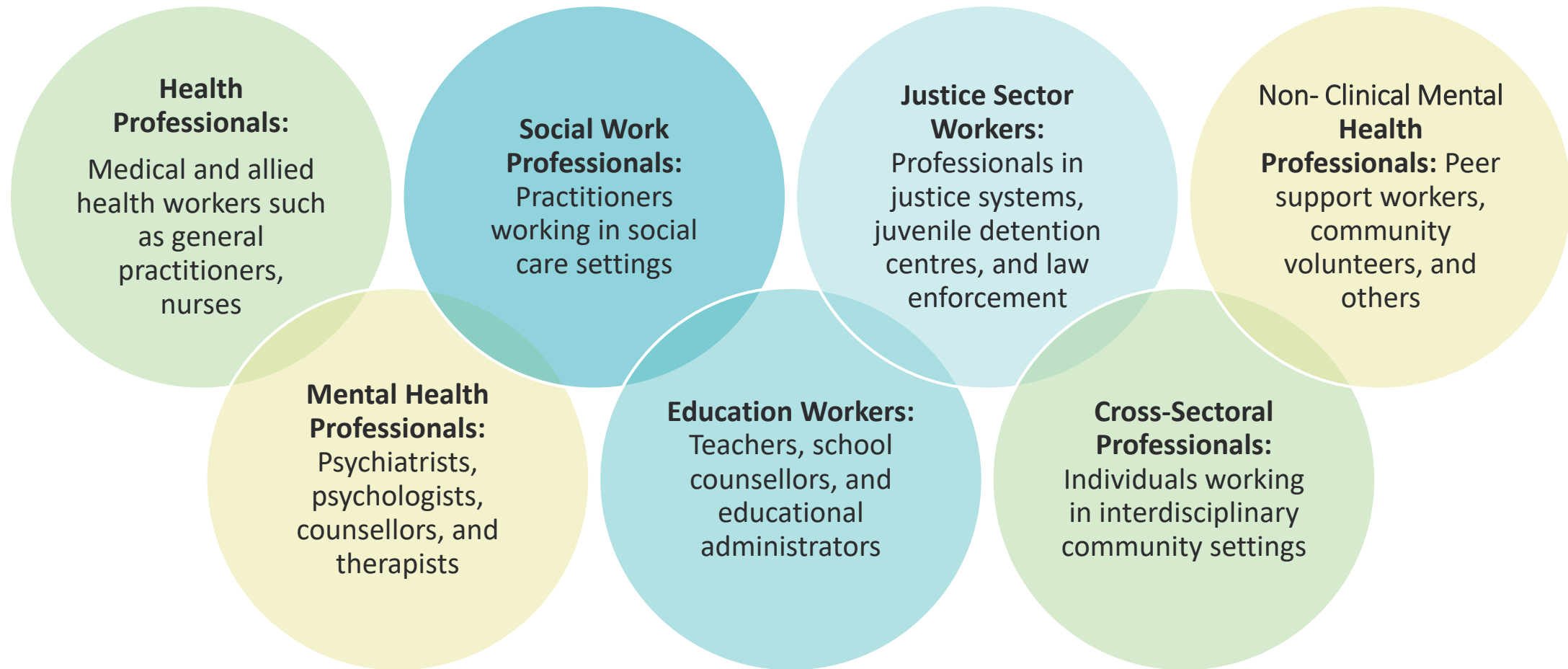
Cross-sector collaboration – learning how to work effectively across professional boundaries and build stronger, more coordinated pathways of care.



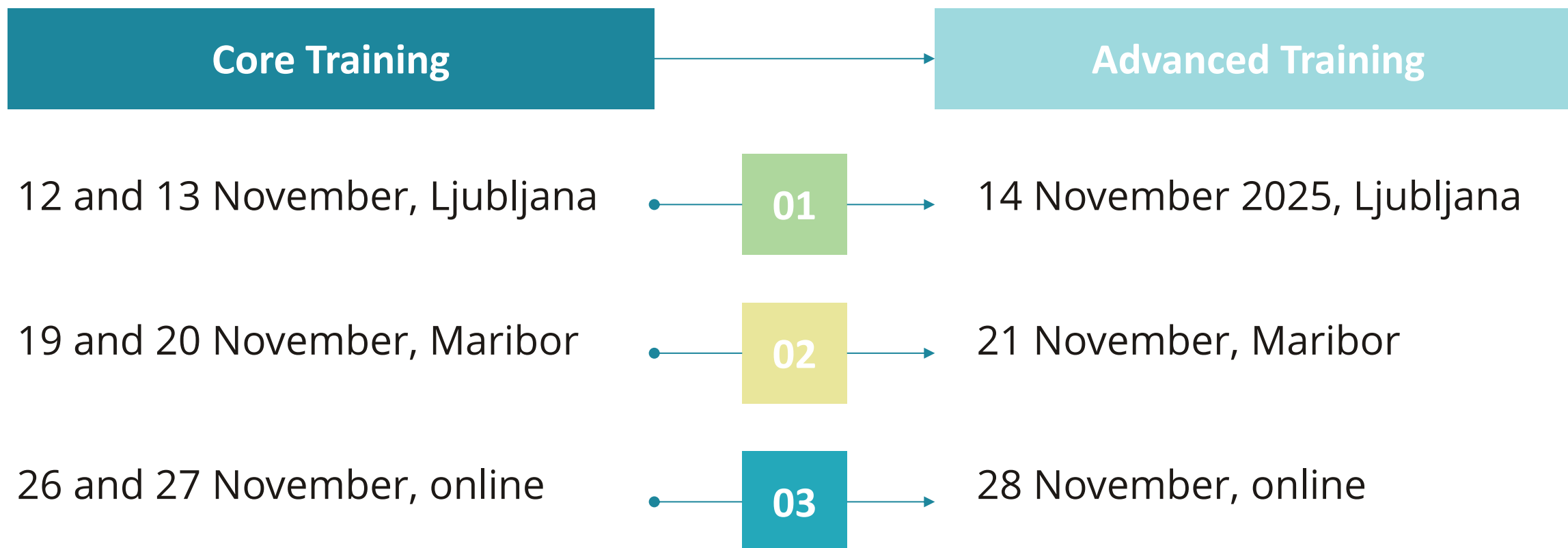
Networking and exchange – connecting with colleagues from diverse fields, sharing experiences, and building professional relationships that last beyond the training.



Target groups



Training programme timeline in Slovenia



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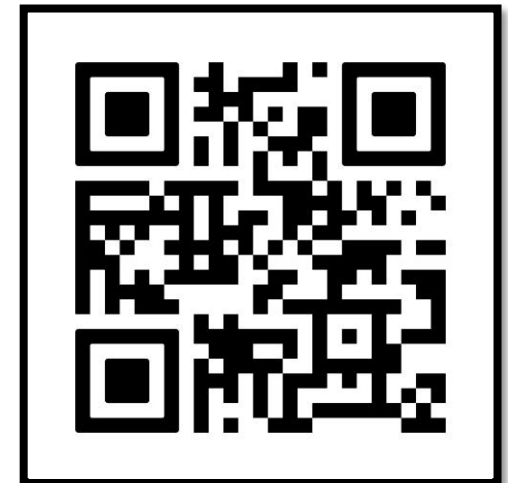
www.EU-PROMENS.eu



EU-PROMENS Event Updates



EU-PROMENS - LinkedIn





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Thank you!