



**Delivering services promoting prevention and recovery in an ecosystem of  
(mental) health**

**Trimbos Institute, Utrecht, The Netherlands**

**AGENDA**

**28.11.2025**

Time	Subject	Speaker
09:30	Doors open and attendance registration	
10:00	Team GROEN	- <b>Eva and Esmee</b> <i>GROEN Team</i>
11:00	<b>Coffee Break</b>	
11:15	Continuation Team GROEN	- <b>Eva and Esmee</b> <i>GROEN Team</i>
12:30	<b>Lunch</b>	
13:15	National Programme Rotterdam South	- <b>Vildan Ekiz</b> - <b>Astrid Kroos</b> <i>Rotterdam Zuid</i>
14:45	<b>Coffee Break</b>	
15:00	Creativity as Mind Care: How Cultural Education Contributes to Resilience and Psychological Wellbeing	- <b>Max van Alphen</b> - <b>Jan van den Eijnden</b>
	<i>National Centre for Cultural Education and Amateur Arts</i>	
16:30	End of the day	