

Growing up in cities Local solutions for children

5-7 November 2025, Ljubljana



Social Innovation Lab

Social Innovation Lab

Growing up in cities: Local solutions for children

5-7 November 2025

Background

In November 2025, Ljubljana will host the fifth edition of the Eurocities Social Innovation Lab, focused on local solutions for children. Against a backdrop of growing urban inequalities, mental health challenges, educational and social disparities, and violence against children, cities are increasingly at the forefront of ensuring that every child can thrive. The Lab will serve as a space for cities to co-create innovative, actionable responses that tackle the pressing challenges faced by children across Europe.

The thematic priorities for this year's Social Innovation Lab include:

- 1. Mitigating child poverty, implementing the **EU Child Guarantee** at local level (including integrated, high-quality education for all) (Green track)
- Combating violence against children and strengthening integrated child protection systems (Yellow track)
- 3. Promoting physical **health and wellbeing** among children and youth, including equal opportunities and access to services for children with disabilities (Blue track)

The **EU Child Guarantee** is a key tool for cities to reduce child poverty and exclusion. Local authorities are central to ensuring access to free, high-quality services for vulnerable children including education, healthcare, nutrition, housing, and childcare. Coordinated efforts with national governments and stakeholders can enhance the impact and effectiveness of these measures at the local level.

Health, especially mental health is another growing concern, with one in seven adolescents affected by a mental disorder.¹ Cities are responding by embedding support services in schools, increasing access to psychological care, and raising awareness, while also using urban design, mobility, and community programming to support general wellbeing.

Finally, combating violence against children and strengthening **child protection systems** at the local level are often the first line of defence in safeguarding children's rights. Children can be victims, witnesses, as well as perpetrators of violence, starting from their own homes, in school, in leisure and

¹ https://www.who.int/news-room/fact-sheets/detail/adolescent-mental-health



Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union. Neither the European Union nor the granting authority can be held responsible.

recreational activities, offline as well as online. Experiencing violence in childhood may have long-life consequences. Promoting a culture of zero-tolerance for violence against children requires to close the gap between international standards, political commitments, and action and to mobilise all relevant actors at the local level. Cities must identify and support at-risk children through schools, health services, and social care, while ensuring cooperation with national agencies and civil society to prevent abuse, neglect, and exploitation.

Expected outcome

During the Social Innovation Lab, participants will have the opportunity to exchange ideas, share practices, and learn from each other about applying innovative tools to mitigate the urban challenges faced by children and youth. Through co-creation and discussion, participants will build innovative solutions and alternative municipal measures such as policies, projects, and approaches. Eurocities will then use the outcomes of these discussions to collect good practices and showcase the strong role that cities play in the social inclusion and empowerment of children.

Programme overview

DAY 1 – Wednesday 5 November	afternoon	Policy updates Official opening session Learning Labs Informal dinner
DAY 2 – Thursday 6 November	morning	Co-creation workshops
November	afternoon	Site visits Marketplace Official dinner
DAY 3 – Friday, 7 November	morning	Expert panel Focus groups Closing session

Contacts:

Eurocities	Solène Molard	solene.molard@eurocities.eu	+32 491 39 38 64
	Henriett Horváth	henriett.horvath@eurocities.eu	+32 491 26 94 98
	Aizhan Mamyrkhnova	aizhan.mamyrkhanova@eurocities.eu	+32 2 552 08 78
Ljubljana	Katja Mežnar	katja.meznar@ljubljana.si	+386 1306 4054
	Eva Kreslin	evaskreslin@malaulica.si	+386 4156 5639

Moderator: Mojca Delač, radio journalist

Journalist and presenter on a national radio station, she uses her background in social and applied psychology to discuss and analyse neuroscience during her show <u>Možgani na dlani</u>.



Programme

DAY 1 – Wednesday, 5 November 2025			
	Venue: Center Rog, Trubarjeva 72 1000 Ljubljana		
12.30 - 13.30	Registrations Please don't forget to sign the participation lists.		
12:30 – 13:30	Lunch Room: Glass annex		
13.30 – 14.00	Policy updates Hear about the latest updates that connect to social affairs with the work of cities on children and young people. During this meeting we will share information on the next EU budget, the European Pillar of Social Rights Action Plan and the upcoming EU Anti-Poverty Strategy. Room: Conference Hall		
14.00 – 14.20	Opening session Welcome remarks by: Boštjan Koritnik, Deputy Mayor, Ljubljana Danijela Dolenec, Vice Chair of the Social Affairs Forum & Deputy Mayor, Zagreb Video message from a child representative of Ljubljana Room: Conference Hall		
14.20 - 14.35	Updates from the European Commission An overview of how EU funding for transnational social innovation projects supports education, training, and care for children and young people. • Raluca Painter, Head of Unit, Social Climate Fund, European Globalisation Adjustment Fund, Social Innovation, European Commission		

Keynote speech – Integrated services and multidisciplinary teams
Children facing multiple disadvantages (poverty, malnutrition, substandard housing, health and mental health issues, violence etc.) cannot be effectively supported through isolated interventions. The integrated delivery of the municipal services targeting these issues ensures that these services reinforce each other rather than remain siloed. One option for this is to create multidisciplinary teams which bring together professionals from diverse fields under a shared objective. Integrated specialist input through these teams can improve access to services and care, minimising unnecessary repetition and in the case of abuse, re-traumatisation.
Mateja Hudoklin, Director of The Counselling Centre for Children, Adolescents and Parents, Ljubljana
Room: Conference Hall
Family Photo
Coffee break
Room: Glass annex
Learning Labs
Interactive session designed to equip city officials with practical skills, new insights, and actionable strategies to tackle urban challenges. These sessions provide a collaborative space where participants can exchange ideas, explore best practices, and engage with experts on key policy areas and offer a hands-on approach to understanding and applying innovative solutions in city governance. Participants can choose to attend one of the parallel Learning Labs.

GREEN – Child poverty: Localising the EU Child Guarantee with Eurochild

Almost one in four children in the EU are at risk of poverty or social exclusion. This workshop will focus on how cities can translate the EU Child Guarantee into integrated local solutions: from providing nutritious meals, healthcare, and housing to supporting parents through family services and direct assistance. Participants will share challenges and strategies to break cycles of poverty and ensure equal opportunities for every child.

Hosted by **Francesca Pisanu**, EU Advocacy Officer, Eurochild

Room: Conference Hall

YELLOW – Integrated Child Protection Systems by UNICEF Europe

Violence against children remains a critical concern in Europe, undermining their development, well-being, and rights. This workshop will present an overview of current trends in child abuse, neglect, and exploitation, drawing on recent research and statistical evidence. The discussion will emphasise the role of social services in preventing and responding to violence, with particular attention to family support services and community-based interventions. These approaches have the potential to reduce child-family separation and reliance on alternative care, strengthen family resilience, promote children's rights, and build human capital. By examining policy frameworks, practical examples, and implementation challenges, the workshop aims to provide participants with comprehensive understanding of how child protection systems can safeguard children and foster positive outcomes in diverse social contexts.

Hosted by **Stela Grigoras**, Child Protection Specialist, UNICEF's Regional Office for Europe and Central Asia

Room: Multipurpose room on the 2nd floor

BLUE – Inclusive Classrooms: Supporting Children with Special Needs through Teacher Training and Community Practice with the City of Ljubljana

How can cities strengthen support for children with special needs through inclusive education, teacher training, and community-based practices? The Educational Centre Pika will present both the principles of inclusion and practical approaches to implementing them in everyday teaching. Participants will gain insights into how inclusive schools can promote not only academic success, but also children's mental health, social integration, and well-being.

Through case-based group work, participants will reflect on dilemmas such as whether a child with developmental delay is best supported in a mainstream or specialised school setting.

Hosted by **Matej Rovšek** and **Sara Marn**, Centre Janeza Levca, Educational Centre Pika, Ljubljana

Room: Multipurpose room on the 3rd floor

SOCIAL EVENT		
19.30 – 22.00	Informal Dinner (at own costs)	
	List of recommended restaurants in the practical information	

	DAY 2 – Thursday, 6 November 2025	
	Venue: Center Rog, Trubarjeva 72 1000 Ljubljana	
9.00 – 9.30	Registration Please don't forget to sign the participation lists.	
9.30 – 12.30	Co-creation Workshops Including a coffee break Co-creation workshops offer participants the opportunity to work on solutions to real life complex social challenges presented by selected cities. The workshops will consist of guided interactive step-by-step process aiming at creating targeted solutions to a specific case study, representative of issues faced by many cities. Participants can choose to attend one of the parallel workshops.	

	GREEN – Using Data for Inclusion – Making Social Services Work Proactively with Ghent Too many vulnerable residents still miss out on the social support they are entitled to. Ghent is exploring how to make better use of city data to design proactive social services—support that reaches families automatically, without complex applications or administrative barriers. This workshop will look at how data-driven approaches can help cities increase accessibility, ensure privacy, and improve service delivery. Participants will discuss how to design inclusive, efficient systems that combine innovation, rights protection, and human-centred care. Room: Conference Hall	YELLOW — Preventing and Addressing Bullying in Schools with Ljubljana In Ljubljana, many school playgrounds stay open to the wider community after school hours and on weekends, offering valuable spaces for play, socialising, and physical activity. But what happens when staff supervision ends? Who feels safe, and who prefers to stay away? At a time when childhood is increasingly shaped by digital content and screen time, these playgrounds remain one of the few open spaces for healthy development and connection. This workshop will address the issue of bullying on school playgrounds, exploring the roles of schools, parents, and the local community. Participants will discuss ways of working together to create safe and inclusive playgrounds for all children, even outside regular school hours. Room: Multipurpose room on the 2 nd floor	BLUE — Strengthening Children's Mental Wellbeing through Education and Community with Helsinki Children and young people in Helsinki, as in many European cities, face growing anxiety, loneliness, and insecurity about their future. This cocreation workshop will explore how cities can strengthen children's and adolescents' mental wellbeing, participation, and sense of belonging, particularly among those from immigrant and low-income backgrounds. Drawing on Helsinki's experience, participants will discuss how to integrate wellbeing and "pedagogy of hope" into education, build cooperation between schools, families, and NGOs, and create supportive communities that empower children to believe in their ability to shape their own futures. Room: Multipurpose room on the 3 rd floor
12.30 - 13.30	Lunch Break Room: Glass annex		
13.30 – 14.00	Transfer to site visits		
14.00 – 16.00	Site visits Participants can choose to attend one site visit. More info on each site visit at the end of the document.		

	Mobile and Community-Based Youth Work in Ljubljana The bus will be organised to transport	YELLOW - Family Centre Mala Ulica It is a walking study visit. Mala Ulica Family Center is just a short 10-minute stroll from Center Rog, along Trubarjeva Street, the most colourful street in the city.	BLUE - Mental Health Centre for Children and Adolescents and LogOut Centre for Digital Wellbeing The bus will be organised to transport participants to the study visit location. Departing point is Centre Rog.
16.00 – 16.45	Transfer back to the venue and coffee break		
16.45 – 17.30	Market place		
	Exchange with city-representatives about the challenges presented during the parallel co-creation workshops. Learn more about the challenges of the workshops you couldn't join and hear about the inspiring suggestions that were drafted during the workshops.		
	Room: Glass annex		
SOCIAL EVENT			
	Venue: Ljubljanski grad – Ljubljana Castle, Grajska planota 1, Ljubljana		
19.30 – 22.00	Official Dinner Offered by the Municipality of Ljubljana		

DAY 3 – Friday, 7 November 2025

Venue: Center Rog, Trubarjeva 72 1000 Ljubljana

8:30 - 9.00	Registration
9.00 – 10.30	Expert panel: Investing in Professionals - Strengthening child services through innovation, community, and multidisciplinary teams Room: Conference Hall
	Cities across Europe have been facing staff shortages in the social and care sectors serving children. This plenary session will explore innovative ways to strengthen existing teams, invest in training, mentoring, and leadership development, and make these professions more attractive long term. This line of work is hard and requires constant training in multiple fields. Children often present with various challenges in different settings: a child might show early signs of mental health struggles in kindergarten or indicators of neglect or maltreatment at an after-school community event. This makes multidisciplinary teams and a strong community of professionals essential so that teachers, social workers, health staff, and community actors can all recognise early warning signs, offer initial support, and bring in the right professionals to address complex problems.
	Participants will discuss how to maximise impact despite limited human resources across European cities, promote cross-sector collaboration, and involve both professional and non-professional actors to provide holistic, coordinated care for children. Speakers will showcase local innovations such as mentoring schemes, leadership training, and recruitment initiatives alongside the EU's policy initiative on skills, which aims to improve teacher quality, career prospects, professional development, and well-being while addressing digital skills and modern classroom challenges.
	By highlighting both the professional expertise needed within services and the role of communities in prevention and support, the discussion will give participants concrete ideas on how to strengthen local child services while building long-term capacity across Europe.
	 Adriana Masgras, Project and Policy Officer, European Social Network Eva Kreslin, Director, Mala Ulica Public Institution - Centre for Children and Families, Ljubljana Märta Lindqvist Weddig, Project Manager of the New Recruits Project, Gothenburg Anica Mikuš Kos, Leading expert on children mental health, Ljubljana
10.30-11.00	Coffee Break
	Room: Glass annex

11.00 – 12.30	Focus group on the Implementation of the Child Guarantee For the City Trends Paper the SAF team is writing, the participants will be asked to talk about their challenges implementing the Child Guarantee at the local level and what kind of support they would require. Room: Conference Hall	
12.30 - 13.00	Closing session Room: Conference Hall Boštjan Koritnik, Deputy Mayor, Ljubljana Solène Molard, Acting Head of Social Affairs, Eurocities	
13.00	Lunch Room: Glass annex	
13.15 – 17.00	WG Children and Young people business meeting The meeting will include an evaluation of the current 2024–2025 workplan and a planning discussion for the 2026–2027 workplan, setting priorities and future activities for the group. Participants will also reflect on insights from recent initiatives and identify opportunities for collaboration with other stakeholders and Eurocities working groups. The agenda is available here, and the meeting is open to members who are or would like to become active in the Working Group. In the last 90 minutes, the members will keep developing their Erasmus+ project idea, as a follow up to the last WG meeting. Full agenda available here. Room: Multipurpose room on the 2 nd floor	



Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union. Neither the European Union nor the granting authority can be held responsible for them.

Site visits – *DAY 2, 6 November, 14.00 to 16.00*

1. Green track: Public Institute Young Dragons - Mobile and community-based youth work in Ljubljana

This two-part study visit offers an in-depth look at both outreach and centre-based approaches to youth engagement through Flying Dragons, an innovative youth outreach programme in Ljubljana that brings creative, flexible, and inclusive activities directly to neighbourhoods with limited access to structured youth programmes. Participants will first explore the Mobile Youth Centre Ljuba & Drago and its street-based youth work approach, learning how the team designs co-created activities — from art workshops to peer-led projects — and tailors them to the needs and ideas of local young people.

The second part takes place at Youth Centre Zalog, where participants will see how a community-based centre builds long-term partnerships with schools, associations, and youth themselves to foster participation, creativity, and inclusion.

2. Yellow track: Mala Ulica

Mala Ulica (Little Street) is the first family centre in Slovenia, opened in 2013. Designed with children's needs in mind, the centre offers a creative and safe environment. Open daily, including weekends and holidays, it welcomes over 36,000 visitors each year and has quickly become a vital meeting point for young families in Ljubljana.

The centre hosts daily creative workshops, storytelling sessions, and weekend programmes for children, as well as morning activities for parents – from baby massage to post-birth exercise classes and parenting discussions. Since 2014, Mala Ulica has also offered The Incredible Years programme, an evidence-based initiative supporting children's social, emotional, and academic development while helping parents manage behavioural challenges. It is an internationally recognised prevention and support programme for parents, professionals and children. It focuses on strengthening positive parenting approaches, improving family relationships and promoting children's emotional and social development. In Mala Ulica prevention activities such as parenting support, individual and group counselling for parents as well as learning social skills and emotional literacy, especially for children with multiple needs or from vulnerable families, are offered for free and in short time.

Mala Ulica is also the largest provider of holiday care in Ljubljana, enabling children who would otherwise be left to fend for themselves to spend their holidays carefree. During school holidays, it runs summer day camps at multiple locations across the city. The holiday care is free for vulnerable children and with small participation from others. Participants will explore the centre, learn about its programmes, and actively join an Incredible Years workshop.

3. Blue track: Mental Health Centre for Children and Adolescents and LogOut Centre for Digital Wellbeing

Mental well-being is an important part of general health, as both physical and mental health affect the way we think, experience, feel and act. This study visit offers a presentation on assistance/support for children and adolescents who are facing mental distress and excessive use or addiction to electronic devices.

Mental Health Centre for Children and Adolescents offers comprehensive and accessible professional help to children, adolescents and families. Centre provides support and treatment, support to family members, programmes for parents and guardians, counselling and education, one-to-one and group psychotherapy.

LogOut is a support centre for the prevention of excessive internet use. Its mission is to improve the digital well-being of all people especially youngsters by providing treatment, help, information, education, and raising awareness on balanced and healthy use of media and technology.



Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union. Neither the European Union nor the granting authority can be held responsible.