



EU-PROMENS European Programme for Mental health Exchanges, Networking and Skills

MULTIDISCIPLINARY TRAINING PROGRAMME Transforming mental health support through collaboration

Location: Casa de Saúde S. João de Deus-Barcelos, Fórum S. Bento Menni

Address: Av. Paulo Felisberto, n.º 205, 4750-783 Barcelos, Portugal

Group 1: 31 October, Barcelos

AGENDA Advanced training

October 31, 2025	
09:30	Introductions: Registration, Welcome, Reimbursement Overview, Training Content, Introduction of Trainers and Participants
10:00	Multidisciplinary collaboration for promoting mental health and preventing mental health problems
11:00	<i>Coffee-break</i>
11:30	Multidisciplinary mental health collaboration in support, treatment, and recovery
13:00	Lunch
14:00	Interprofessional conflict resolutions
15:30	Self-care and care of colleagues/staff
16:30	<i>Coffee-break</i>
16:45	Training reflections and summary
16:45	Closing remarks and Certificate distribution
17:15	End of Training