





JOIN THE EU-PROMENS PROGRAMME

EMPOWERING MENTAL HEALTH PROFESSIONALS ACROSS EUROPE

National Training Programme in Slovenia

EU-PROMENS is funded by the EU4Health programme and is a transformative capacitybuilding initiative designed to elevate mental health expertise across the EU Member States, Norway, Iceland, and Ukraine. Our mission is to foster multi-sectoral collaboration by enhancing the skills of professionals from diverse backgrounds.



- interdisciplinary community settings
- Non-Clinical Mental Health Workers such as

Training features

- Interactive workshops and case-based discussions
- Group activities and role-plays
- Real-world scenario simulations
- Peer-to-peer learning and networking
- Digital tools for online engagement



Essential information

- Trainings are available in-person and online in national language
- The Costs are fully covered by the project
- A Certificate will be given upon completion

Sign-up to our 2-hour online info workshop to know more about the training. The workshop will be conducted in national language: 16 September 2025 - 13:00 to 15:00

https://us06web.zoom.us/meeting/register/F5bZUhGuSBa0UJtXWVWDwg

Registration to the Training Programme is open from 16 September 2025.









THE MULTIDISCIPLINARY TRAINING PROGRAMME INCLUDES 2 TYPES OF TRAININGS.

YOU CAN APPLY FOR ONE OR BOTH OF THESE TRAININGS:

2-day Core Training

Modules to be confirmed



Introductions and setting the stage for mental health needs and gaps



Module

Navigating wider support and care systems

2

Module

Multidisciplinary approach and foundational helping skills



Module

Referring and helping individuals navigate services



Module

Mental health literacy and understanding risk factors



Module

Collaborating with professionals across sectors



Module

Risk assessment and roles in early intervention



Module

Final reflection and application in participants' workplaces

November 2025

Dates to be announced on 16/09/2025

The 2-day Core training includes 8 modules focusing on foundational mental health competencies and intersectoral mental health collaboration / communication. You will be supported to build foundational mental health competencies, such as helping skills, mental health literacy, and risk assessment, while developing intersectoral collaboration and communication skills and promoting systems thinking for sustainable mental health practices.

1-day Advanced Training

Modules to be confirmed



Module

EU Comprehensive Approach to Mental Health



Module

Multidisciplinary collaboration in prevention and promotion



Module

Integrated mental health support, treatment, and recovery



Module

Self-care, team well-being, and workplace mental health strategies

November 2025

Dates to be announced on 16/09/2025

Includes 4 advanced modules focusing on multidisciplinary mental health team collaboration and self-care and resilience. You will be supported to expand the understanding of mental health policies and strategies for creating supportive systems, enhance multidisciplinary collaboration, develop advanced teamwork and leadership skills, and strengthen practices that promote self-care, resilience, and team well-being.



Apply Now!

https://eu-promens.eu/training-slovenia-1

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Our Partner in Slovenia: ŠENT -Slovensko združenje za duševno zdravje

https://www.sent.si/index.php?m id=eng