



Group of exchange visitors in Austria

Building Skills, Creating Connections, Strengthening Mental Health in Europe

What is EU-PROMENS?

It is an EU-funded programme under EU4Health (2024-2026) designed to **strengthen the skills of mental health professionals across Europe**. Led by a consortium of three organisations (GFA Consulting Group, Trimbos Institute, and Mental Health Europe), this **initiative enhances professional training and exchange opportunities in Europe**.



Exchange workshop at a peer-to-peer work organization in Barcelona, Spain

Who can benefit?

This programme supports professionals working in:

- **Healthcare** – Mental health professionals and medical staff
- **Education** – Teachers and educators
- **Social Work** – Community-based workers
- **Justice System** – Professionals in prisons and juvenile detention centers

Programme highlights

- **Professional Exchange Programme:** Ten days' international visits for hands-on learning in different locations of Europe
- **Multidisciplinary Training:** Hybrid courses in six pilot countries & expansion to 24 countries
- **Stakeholder Engagement:** Collaboration with national institutions
- **Evidence-Based Learning:** Research and mapping of training needs development of a toolkit for community-based mental services based on sound research
- **European-wide Capacity Building:** 3,600+ trained professionals and 900+ exchange participants
- **Mental health professionals and medical staff:** medical staff providing mental health care

Why join?

- Expand your professional network
- Gain cutting-edge competencies in mental health
- Improve cross-border cooperation
- Contribute to a stronger European mental health sector



Conclusive workshop in the Netherlands Exchange

What Participants Say:

"The EU-PROMENS exchange helped me implement innovative practices in my workplace."

"A unique opportunity to collaborate with experts across Europe!"

Get Involved!

Contact us:



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**Join us in shaping
the future of mental health in Europe!**