



# My job shadowing experience in gardening and the need for international partnerships

Chris Makliri

Society of Social Psychiatry P. Sakellaropoulos  
Social Cooperative "KoiSPE Diadromes"



## Introduction & Purpose

- Permaculture & therapeutic gardening
- Understanding the service as a business
- Educational aspect & training for psychosocial challenges
- Integration into the labor market





## Experience & Observations

- Hands-on experience: 6-hour shift
- Collaboration with employee & trainee
- Different levels of trainees' readiness
- Balancing a protected environment & real-world challenges





## Comparison: Greece & Austria

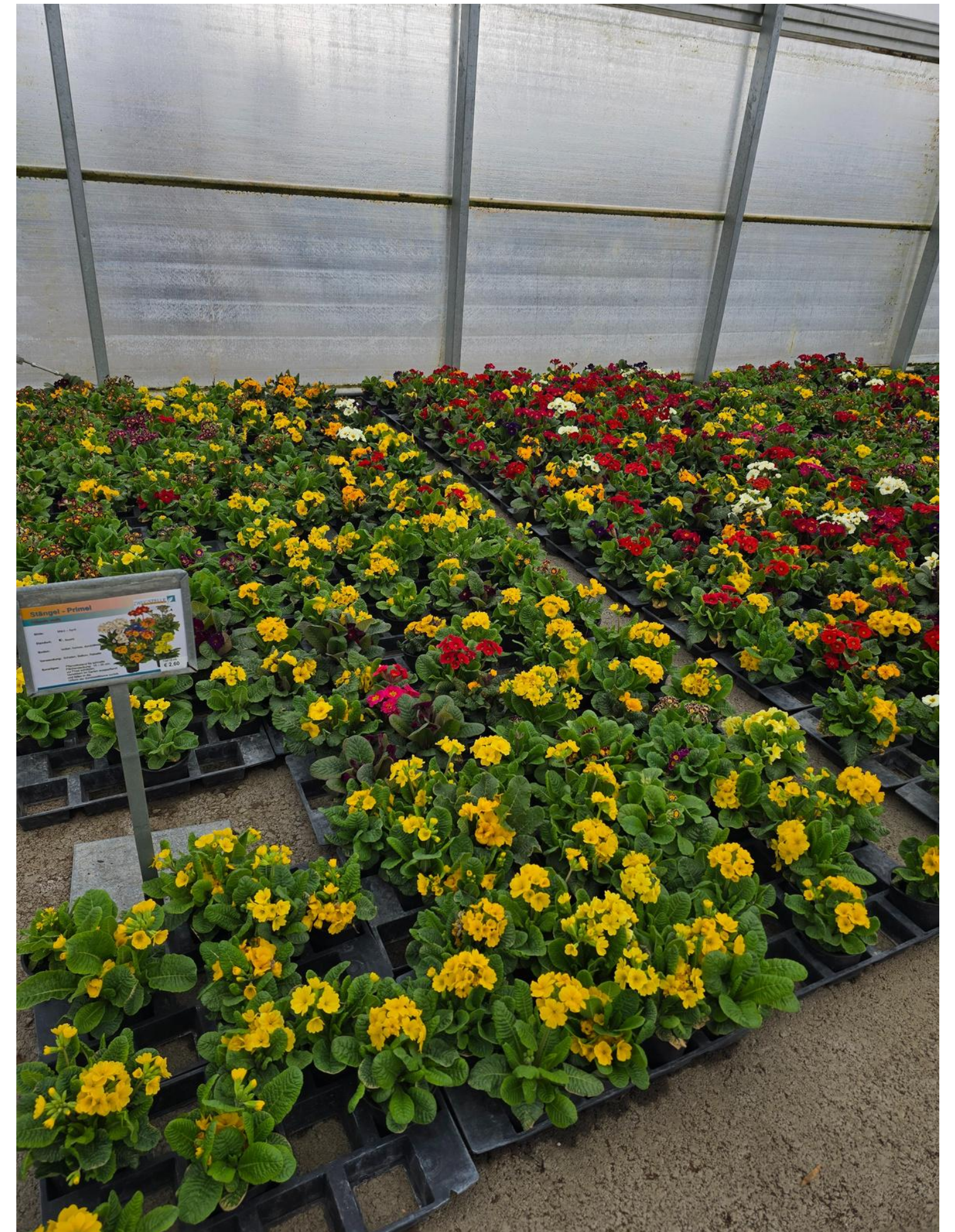
- Social enterprises vs. state-supported training programs
- Austria: No integration-focused social enterprises
- Strong state support replacing social enterprise role





## Potential Collaborations

- Mobile mental health units – outreach to remote areas & schools
- Specialized supported employment for individuals on the autism spectrum
- Exchange of best practices & methodologies





## Key Takeaways & Future Vision



- Inspiration & motivation for partnerships
- Building sustainable, long-term services
- Beyond temporary funding – ensuring ongoing support
- Continuous learning & collaboration opportunities



Thank you pro mente for the great experience and see you soon!

