

PST – Linz
**Clubhaus pro people &
pro sport & KuK & aktivTreff**

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Clubhaus pro people

Scharitzerstraße 6-8

pro sport

Scharitzerstraße 6-8

Kunst und Kultur

Lonstorferplatz 1

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12 Mainemployees

8 Volunteers

2 Civil servants , 3 Peer advisors

PST – psychosocial meetingpoints

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Traget group of PST

- People with psychosocial support needs
- Services according to §17 Absatz 3 Z 4 OÖ CHG (from 14 years)
- First point of contact with low-threshold
- Notification-free preventive first point of contact

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Aims of psychosocial meetingpoints

- Stabilization and improvement of health and social relationships
- Meaningfulness of the action
- Creating structures in everyday life
- Protection against isolation, loneliness and social exclusion

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Facts:

- More than 700 registered participants
- ~ 200 active participants
- 20-30 participants daily per location
- Open 36 hours a week per location

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Clubhaus pro people

- Kitchengroup
- Officegroup
- Editorialgroup
- Transitional Workplaces
- Ressourcenorientierte Selbsthilfegruppe
- Peer counselling
- Participation

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pro sport

- Hiking/ Walking
- Swimming
- Tabletennis
- Skittles / Billard
- Volleyball & more
- Soccer / Dart

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Kunst und Kultur

- Paintingstudio / Gardenactivities
- Theater / Voice
- Dance & Movements
- Education
- Singing & Guitare
- Discussionopportunities in the group
- Fotografie
- Writingworkshop

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The 4 guarantees

- Right to a place you can come to
- Right to meaningful work
- Right to meaningful relationships
- Right to a place to come back to

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Principles

Empowerment & social inclusion

- Self-determination
- Discover your own resources
- Autonomy & responsibility for your own life
- Focus on potentials and abilities

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