PST – Linz Clubhaus pro people & pro sport & KuK & aktivTreff



Clubhaus pro people **Scharitzerstraße 6-8**

pro sport **Scharitzerstraße 6-8**

Kunst und Kultur Lonstorferplatz 1



12 Mainemployees

8 Volunteers

2 Civil servants, 3 Peer advisors

PSTpsychosocial meetingpoints



Traget group of PST

- People with psychosocial support needs
- Services according to §17 Absatz 3 Z 4 OÖ CHG (from 14 years)
- First point of contact with low-threshold
- Notification-free preventive first point of contact





Aims of psychosocial meetingpoints

- Stabilization and improvement of health and social relationships
- Meanningfulness of the action
- Creating structures in everyday life
- Protection against isolation, loneliness and social exclusion





Facts:

- More than 700 registered participants
- ~ 200 active participants
- 20-30 participants daily per location
- Open 36 hours a week per location

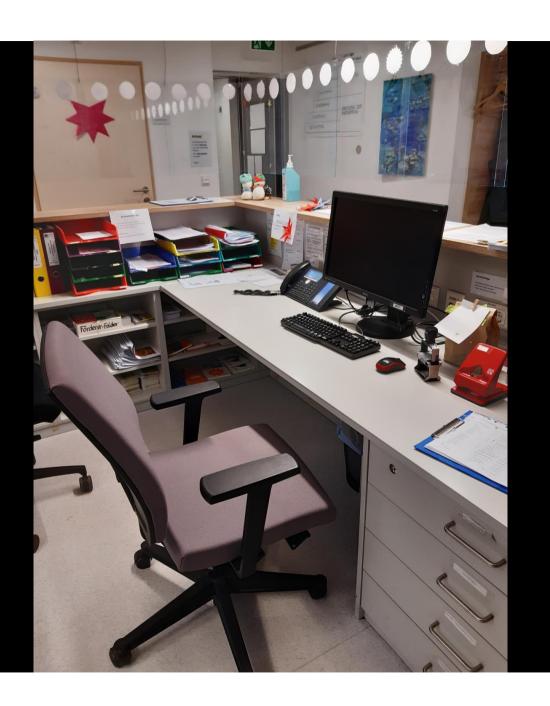


Clubhaus pro people

- Kitchengroup
- Officegroup
- Editorialgroup
- Transitional Workplaces
- Ressourcesoriented Selfhelpgroup
- Peer councelling
- Participation











pro sport

- Hiking/ Walking
- Swimming
- Tabletennis
- Skittles / Billard
- Volleyball & more
- Soccer / Dart



Kunst und Kultur

- Paintingstudio / Gardenactivities
- Theater / Voice
- Dance & Movements
- Education
- Singing & Guitare
- Discussionopportunities in the group
- Fotographie
- Writingworkshop





The 4 guarantees

- Right to a place you can come to
- Right to meaningful work
- Right to meaningful relationships
- Right to a place to come back to





Principles

Empowerment & social inclusion

- Self-determination
- Discover your own resources
- Autonomy & responsibility for your own life
- Focus on potentials and abilities





